COME HOME TO PROCTOR

Rich in railroad history, Proctor is the perfect blend of small town amenities while being only minutes away from Spirit Mountain and the Twin Ports. With breathtaking views of Lake Superior, this vibrant community hosts Snocross, South St. Louis County Fair, Proctor Speedway, ALS Blizzard Tour, MS 150, and the Hoghead Festival.

You can use our extensive trail system for biking, hiking, snowmobiling and ATVs. Conveniently located at Exit 249 on 1-35, Proctor offers lodging at our three great hotels and many dining and family attractions.

Willard Munger State Trail

Jay Cooke State Park
Attractions

The City of Proctor has incredible year-round activities available. There are biking, ATV and snowmobile trails, city parks, school playgrounds, sports fields, Proctor Golf Course, Proctor Speedway, Historical Museum, Spirit Mountain Recreation Area and the new St. Luke’s Proctor Sports and Event Center.

Proctor History Museum

Spirit Mountain

Proctor Golf Course

Proctor Speedway

225 Yellowstone Train & Gazebo

St. Luke’s Sports & Event Center
Trails

Proctor has a comprehensive Parks & Recreation Plan, and allows ATVs and snowmobiles on city streets. Proctor will be included in the St. Louis County Trails Plan. We are proud of our trails for biking, snowmobiling, skiing, hiking, and ATVs all with easy access to the Munger Trail, Duluth Crosstown Trail, the Superior Hiking Trail, and Jay Cooke State Park.
Community Events

Proctor celebrates its railroad history at the annual Hoghead Festival every August which includes the Golf and Softball Tournaments, Car Show, Street Dance, Paws & Pigtails, Hylla 5K Race and Parade.

Come for some old fashioned family fun at the South St. Louis County Fair every July at the Proctor Fairgrounds.

Proctor Speedway is Home to the Silver 1000 and Midsummer Night of Mayhem and Sunday Night at the Races from May – September.

AMSOIL NATIONAL SNOCROSS
Thanksgiving Weekend

ALS BLACKWOODS BLIZZARD TOUR
Late January

MS 150 Bike Ride
Mid-June
Restaurants

BLACK WOODS BAR & GRILL
195 US Highway 2
(218) 628-0628

PROCTOR PIZZA
204 Third Avenue
(218) 624-3629

POWERHOUSE BAR
423 Third Avenue
(218) 624-0626

MCDONALD’S
9310 Skyline Parkway
(218) 628-2112

PROCTOR SUBWAY
9303 Westgate Boulevard
(218) 624-3668

Mountain Spirits Liquor Store
9301 Westgate Boulevard right off 1-35
(218) 624-7552
Meetings & Conventions

Proctor is conveniently located next to Duluth and an easy drive from Wisconsin and the Twin Cities, just off I-35 and Highway 2. With small-town ease we are able to provide professional meeting and convention planning.

We are the hosts for national events – Duluth National Snocross, ALS Black Woods Blizzard Tour and MS 150 Bike Ride. For information on Proctor meeting venues and sponsorship opportunities, contact Sally Hedtke at shedtke@proctormn.gov, or call 218-628-6297.

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<tr>
<th>MEETING AND EVENT FACILITIES IN PROCTOR</th>
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<tr>
<td><strong>AmericInn Duluth South/Proctor</strong> (218) 624-1026</td>
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<tr>
<td><strong>Best Western Plus Spirit Mtn. Duluth</strong> (218) 628-0668</td>
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<tr>
<td><strong>Blackwoods Banquet Center</strong> (218) 625-6144</td>
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<tr>
<td><strong>Buffalo House</strong> (218) 393-1211</td>
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<tr>
<td><strong>Duluth Spirit Mountain Inn</strong> (218) 628-3691</td>
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<tr>
<td><strong>Moose Lodge</strong> (218) 624-8199</td>
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<tr>
<td><strong>Proctor Golf Course</strong> (218) 624-2255</td>
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<td><strong>Proctor Area Community Center (PACC)</strong> (218) 628-6293</td>
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<td><strong>Proctor Area Schools</strong> (218) 729-8214, ext. 2750</td>
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<tr>
<td><strong>St. Luke’s Proctor Sports &amp; Event Center</strong> (218) 628-0704</td>
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<td><strong>Spirit Mountain</strong> (218) 624-8531</td>
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<tr>
<td><strong>South St. Louis County Fairgrounds</strong> (218) 591-6274, 348-1453</td>
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Proctor Hotels

AMERICINN DULUTH SOUTH/PROCTOR
218-624-1026
185 Highway 2
AmericInnDuluthSouth.com

* Newly Renovated Inside and Out
* Free, Hot, Homestyle Breakfast
* New Fitness Center
* Black Woods Grill & Bar and Conference Center Attached
* Pool, Sauna and Hot Tub
* New Media and Event Center

BEST WESTERN PLUS
Spirit Mountain Duluth
218-628-0668
1-800-WESTERN
9330 W. Skyline Pkwy
bwspiritmountain.duluth.com

- Adjacent to Spirit Mountain
- Complimentary Hot Deluxe Breakfast
- Business & Fitness Centers
- Indoor Pool & Hot Tub

DULUTH SPIRIT MOUNTAIN INN
American’s Best Value Inn
800-777-8530
218-628-36919315 Westgate Blvd
redlion.com/duluth

- Free Deluxe Breakfast with Waffles
- Large Indoor Pool, Hot Tub and Sauna
- One Mile from Spirit Mountain
Proctor’s Amazing Trails

Willard Munger ~ Spirit Mountain ~ Jay Cooke

Easy Drive from the Twin Cities  Exit 249 off I-35

Visit Proctor.com